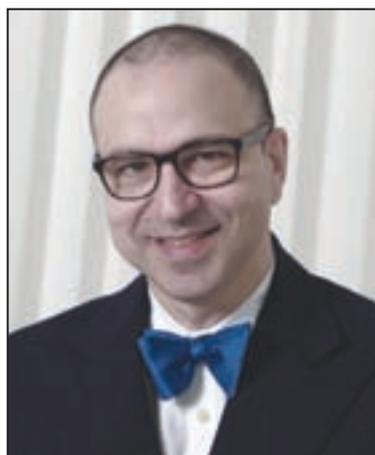




## Brazilian Butt Lift – Enhancing Your Figure To Be More Sensuous



By Ricardo L. Rodriguez, M.D.

Look at the cover of almost any magazine, and it is clear—sizes 0 and 2 are over. Young women today do not want to look like Nicole Ritchie, Paris Hilton, or Kate Moss—they want to look like Michelle Obama! Healthy, curvy, and athletic is in. Skinny and shapeless is out. Women today want to look like real women.

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very few of us have that fat in the places and proportions we'd like. We might have a large backside, but our waists might not be small enough to bring attention to our genetically blessed derrière. Furthermore, very few of us have backsides that defy gravity. 'Perkiness' decreases with age and even inactivity—the reason you see many young women in their twenties with sagging buttocks!

The best way to restore a youthful, sensuous figure is through a procedure called the Brazilian Butt Lift. What exactly does it do, and how does it work? For starters, the Brazilian Butt Lift is not a butt-enlarg-

ing procedure and does not involve implants. Implants in the buttocks area do not work because there are frequently problems like infections, misplacement, etc. Furthermore, the implants themselves can't encompass the whole buttocks. The Brazilian Butt Lift is a redistribution of your own fat cells from other areas of your body into your buttocks.

### How do I perform the brazilian butt lift surgery?

I first contour the buttocks by performing liposuction in the surrounding areas (the lower back, stomach and thighs) to make the buttocks stand out more. I then carefully purify the fat in a centrifuge to obtain only the best donor fat cells to re-inject into your



buttocks for augmentation. I then inject small amounts of the purified fat into different areas of the buttocks and at various depths so that you get the highest permanent absorption rate. Thus, the procedure involves hundreds of fat micro-injections. I am very attentive to placement of the fat in the right tissue layers. Correct injection methods are essential to achieve a permanent, uniform, smooth, and natural appearance to the buttocks.

In addition to more volume and prominence, fat injections give the butt more projection or lift. The fat cells are permanently in place. As a patient recovers, her weight is redistributed. Since a lot of the fat cells have been removed from other problem areas of the body, weight redistributes to the butt, comple-



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*Dr. Rodriguez has extensive international training including a Head and Neck Cancer Fellowship at the Royal Marsden Hospital in London, Maxillofacial training in Germany,*

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*He moved to Baltimore in 1991 and became PT Clinical Faculty at Johns Hopkins while starting his own private practice. He is the former State President of the Maryland Society of Plastic Surgeons. He served as Chief of Plastic Surgery at GBMC from 2001-2008. In 2008, he established his own AAAASF accredited Outpatient Cosmetic Surgery Center in Baltimore. In addition to the brazilian butt lift, he specializes in multiple procedure makeovers.*



## BEFORE & AFTER PHOTOS



Pt. 1 Before



Pt. 1 After



Pt. 1 Before



Pt. 1 After



Pt. 2 Before



Pt. 2 After



Pt. 2 Before



Pt. 2 After



Pt. 3 Before



Pt. 3 After



Pt. 4 Before



Pt. 4 After

menting the effect of the grafted fat cells.

This fat redistribution to the buttocks happens in some cases even without the fat grafts. In fact, some people who want a more subtle result choose not to include fat injections in their procedure. Strategic liposuction can enhance what you already have without injections of anything. Not everyone is a candidate for this procedure, but for those who are, it is a great way to enhance what you already have by simply contouring. I refer to the technique involving only strategic liposuction as the “B’more Butt Lift.” The B’more Butt can be the perfect solution for those who just need sculpting to make a more noticeable difference between the waist size and buttocks size.

Given that these are relatively new procedures with few true experts performing them, you should be careful when selecting a plastic surgeon. Make sure your surgeon is board-certified in plastic surgery. Some surgeons are board-certified, but not in plastic surgery—beware! Ask specifically whether the surgeon has performed more than a few of these procedures. When done correctly, the Brazilian Butt Lift procedure takes seven to eight hours. I would be wary of a surgeon who says he/she can perform the procedure in a few hours. Be sure to ask your surgeon if his patients need “touch ups.” In my experience, the fat grafts are permanent and you should not have to plan for a “touch up.”

To learn more about the Brazilian Butt Lift or the B’more Butt Lift, please visit my interactive website, [www.cosmeticsurg.net](http://www.cosmeticsurg.net). You will find procedure information, before-and-after photos, testimonials and my blog, where you can ask questions.

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